

DEVELOPMENTAL MILESTONES OF BABIES

	DEVELOPMENTAL MILESTONES	SUGGESTED STIMULI	BENEFITS
NEWBORN AND UP	Follows objects visually. Gazes toward moving objects	Mobiles	Promote eye focus; auditory stimulation
	Recognizes voices of different persons	Bright colour, bold pattern books or bumper	
	Turns to sounds	Cuddling toys	Tactile stimulation, security feeling
	Explores hands, feet and mouth	Musical toys	Build attention span; soothing
	Smiles and makes laugh	Rattles	Sound awareness
	Able to sit with support	Mirrors (non-breakable)	Encourage baby to lift his head, self discovery
	Able to grasp		
	Make sounds to express their emotion.		
6 MONTH AND UP	Able to crawl, stand or walk with support	Push-Pull toy/cars	Small and large muscle development
	Better pincer grasp (use the thumb and index finger to pick up an object)	Stacking toys	Visual stimulation, small muscle co-ordination
	Can sit up, roll over and clap hands	Drums	
	Discovering the concept of cause and effect	Balls	Tactile stimulus (grasping, throwing)
	Attuned to rhythm and beat to move his/her body	Activity cloth books	
	Likes to pick up, open, push, pull or throw small objects around them	Toys or play mats with pockets or flips for peek-a-poo	
	Likes to babble and waits for response		
	Bangs on surfaces, shakes objects to make noise Manages to stack up things		
12 MONTH AND UP	Improves fine motor skills	Blocks and stacking toys	Eye hand co-ordination
	Comprehends and follows instructions	Stuffed toys	Learn to socialize, emotion development
	Able to categorize and recognize different sizes, shapes and colours	Shape sorters	Visual and tactile stimulation
	Experiments with independence	Simple puzzles	Develop finger dexterity and eye hand co-ordination
	Possesive, Hasn't learnt to share	Toys with buttons, levers and lids	
	Able to bend at waist to pick up objects		
24 MONTH AND UP	Runs full speed	Phones, tools, computer toys	Imitates adults, role playing
	Better fine motor skills, can draw pictures	Pounding sets	Cause and effect and small muscle development
	Acquired to about three hundred words, starts to talk in phrases/sentences	Dolls/doll sets	Role Playing
	Starts to enjoy playing with other children but is still very possessive	Art supplies	Stimulate creativity and imagination
	Imitates adults	Blocks	Helps develop spatial concept
	Takes things apart and fits them together again. Likes repetition	Books	Enrich their vocabulary, attention span